



September Fitness Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
For all outside classes, we will move inside if there is inclement weather.	2	3 Drumming & Core 6:30pm Max. 22	4 ZUMBA - 6:15pm Yoga Stretch 7pm	5	6	7
8 Cardio Drumming @ Park 6:30pm Max. 22	9	10	11 ZUMBA - 6:15pm	12	13	14
15 Cardio Drumming @ Park 6:30pm Max. 22	16	17	18 ZUMBA - 6:15pm Yoga Stretch 7pm	19	20	21
22 Cardio Drumming @ Park 6:30pm Max. 22	23	24	25 ZUMBA - 6:15pm	26	27	28
29 NO CLASSES	30					

REGISTRATION IS DUE 24 HOURS IN ADVANCE & CANCELATIONS BY 2PM SAME DAY

We reserve the right to CANCEL all classes not meeting at least 6 participants. Classes not meeting the minimum will be canceled via an email notification at least 2 hours prior to the class. Always call or text with any questions!

If at any point you cannot make a class, please try to **cancel by NOON the day of**. You are always welcome to call or text us. If you do not cancel, and do not show, you are subject to be charged for the class.